

Health and Mental Health Working Group

Meeting Minutes

November 20th, 2017

10:00 to 12:00pm

Centre for Social Innovation

Agenda

1. Welcome and Introductions
2. Approval of minutes
3. Mental Health Navigation Tool
4. Hong Fook Training Update
5. CCVT Mental Health Protocol

Attendance	
Carina Carvallo	Skills for Change
Elmira Galiyeva	Toronto North LIP
Domine Rutayisire	Canadian Centre for Victims of Torture

Staff	
Giovanni Rico	TSLIP / Canadian Centre for Victims of Torture
Paulina Wyrzykowski	TSLIP/St. Stephens Community House

1. Welcome and Introductions

Each member was welcomed by LIP staff, and provided with a copy of the Meeting Agenda. Members were given an opportunity to introduce themselves.

2. Approval of Minutes

Copies of the previous meeting's minutes were distributed to members. After realizing the low turnout minutes will be held up for a month to give a chance to members to read and approve should there be no corrections minutes would be added to the website.

3. Mental Health Navigation tool

Elmira Galiyeva the manager of the Toronto North LIP gave a presentation to the group on the finalized webpage on health and mental health navigation. Elmira presented on the Tool being developed in the city wide project, first by speaking to the challenges and then what the group decided to do in response to all the feedback given. The Rationale was done as well and went through the whole process and talking about what the mental health navigation tool part of it. Here presentation will be attached to the minutes for the group to have. The link to the tool is: <https://iamsick.ca/healthcare>
<https://iamsick.ca/mentalhealth>

4. Hong Fook Training Update

Members were updated on the actions following the last meeting to create a 4 session training for frontline staff that would be facilitated by Hong Fook Mental Health Association. The training will be held on February 7th, 21, March 7 and March 21. At 1:30 pm to 4:00 pm at the Regent Park CSI in Daniel Spectrum. The Eventbrite has been created and registrations were capped at 25 with the expectation that not everyone would show up and that the program runs best with 20 participants. The link to the Eventbrite is as follows: <https://www.eventbrite.ca/e/journey-to-promote-mental-health-a-training-series-for-individuals-working-with-immigrants-and-tickets-40849951304>

5. CCVT Mental Health Protocol

Domine Rutayisire presented a new resource that has come out of Canadian Centre for Victims of Torture (CCVT). She explained the rationale that CCVT realizes that although not everyone in the field is a mental health practitioner all front line staff do encounter clients that are dealing with mental health concerns. CCVT focuses on client centered approach to help front line staff understand the protocol and the reasons behind the need, that it needs to be in place in order to not only help clients dealing with mental health concerns but also to help frontline staff to be able to recognize their own possibility to develop triggers to burnout, as well as vicarious trauma. The protocol can be viewed on the CCVT website at the following link: http://ccvt.org/assets/CCVT_Mental_Health_Protocol_2017.pdf

6. Next Meeting

January 17th, 2018 10:00 am to 12:00 pm