

Working Group Updates

Working Group Name		Health & Mental Health		
Facilitation	Name: Kailey Morin & Mbalu Lumor	Organization: CCVT		
Date of Last Meeting: Dec 3 rd 2014	# of members: 38	# attended: 8	# of regrets: 7	
Main Items				
<i>Item 1:</i>				
<p>Brief Summary: “Free to Some: Exploring the Landscape of Health Services for Uninsured Residents in Toronto” Report Launch</p> <p>The Health and Mental Health Working Group reviewed the final copy of the report that Alison Stanley, Immigration & Settlement Studies Graduate Student at Ryerson University, completed for the Toronto South LIP.</p> <p>Members reviewed the recommendations and broke out into sessions to discuss possible next-steps in supporting these recommendations. Members gave positive feedback regarding the report and recommendations. A number of ideas and resources were put forth by members. A digital copy of the report was posted on the Toronto South LIP’s website and it was distributed to Working Group members via email and to all through the Friday e-update.</p>		<p>Actions:</p> <ul style="list-style-type: none"> • A team of McMaster University Students to develop a project that supports report recommendations • Continue to look for alternative means to support recommendations 		
<i>Item 2:</i>				
<p>Brief Summary: Training for Front-Line Staff</p> <p>Working Group members were debriefed on the success of the Cultural Competency Training for Health and Settlement Workers training offered in partnership with Toronto Public Health and facilitated by SickKids. They also viewed an online resource that was shared during the training. 30 Health and Settlement workers from across the city participated in the half-day training, which focused on understanding cultural competency within an AR/AO framework. It was also designed to encourage relationship building between the health and settlement sector. Evaluations were conducted and positive feedback was given.</p> <p>Due to popular demand, a second session of Self-Care and Vicarious Trauma has been organized by the Health and Mental Health Working Group for January 29th 2015 entitled “Taking Care of Ourselves.” Working Group members gave feedback on the content they would find most useful in this upcoming encore session.</p> <p>The Health and Mental Health Working Group is also organizing a training session on Newcomer Youth Mental Health which is planned for early March. Members also gave feedback on both the desired structure of this new session and the content that would be ideally included.</p>		<p>Actions:</p> <ul style="list-style-type: none"> • Follow through on “Taking Care of Ourselves: Self-Care and Vicarious Trauma” workshop • Determine space for the Newcomer Youth Mental Health workshop and open registration in early February 		
<p>Feedback or Recommendations request:</p> <p>The PSCC may be approached to review future projects that result from the “Free to Some” report recommendations.</p>				