

Working Group Updates

Working Group Name		Health & Mental Health		
Facilitation	Name: Nicole Watson & Kailey Morin	Organization: CCVT		
Date of Last Meeting: August 13, 2014	# of members: 38	# attended: 15	# of regrets: 5	
Main Items				
Item 1: Vicarious Trauma Trainings & Workshops				
<p>Brief Summary:</p> <p>As per this year’s Action Plan priority to “support frontline staff by providing sessions on vicarious trauma, compassion fatigue, and how to deal with occupations stress” the Health & Mental Health working group organized two training sessions over the summer and supported the delivery of a third.</p> <p>The first session, Vicarious Trauma & Self-Care was hosted by the Canadian Centre for Victims of Torture (CCVT) in June 2014. Nineteen members took part in this half-day session which focused on knowledge sharing and reflective practice.</p> <p>The second session, Care for the Care Giver: Occupational Stress in the Care Giving Professions was facilitated by Toronto Public Health and hosted by Aids Committee of Toronto in July 2014. A resource package that contained a number of tools for assessment and self-reflection were distributed to all twenty-six members who took part in this full-day training.</p> <p>August 2014, working group members promoted and were encouraged to take part in Hong Fook Mental Health Association’s Journey to Promote Mental Health Trainings.</p>			<p>Actions:</p> <ul style="list-style-type: none"> • Due to high demand and positive feedback, consider offering trainings a second time over the Winter • Consider additional topics of interest to be explored as possible workshop subjects 	
Item 2: Summer Research Projects on Health Equity				
<p>Brief Summary:</p> <p>The Health and Mental Health working group identified the need for further research on the difficulties faced by uninsured residents in Toronto attempting to access health services, in order to identify ways to improve service to this population. A report was commissioned through the use of both an environmental scan and interviews with frontline workers. The report, completed by Alison Stanley, Immigration & Settlement Studies Graduate Student at Ryerson University, culminated in 8 recommendations to improve service delivery to this population.</p> <p>A second project involved the development of a Directory of Cultural Competency Training for Health Care Service Providers, as well as a report that identifies a number of gaps in existing trainings and sets forward a series recommendations. Both reports will be made available on the TSLIP website.</p>			<p>Actions:</p> <ul style="list-style-type: none"> • Examine the recommendations outlined in both reports and determine next steps 	
Item 3: SickKids Cultural Competency Training				
<p>Brief Summary:</p> <p>The working group is currently coordinating with Toronto Public Health to offer a half-day, city-wide cultural competency in a condensed version of the SickKids renowned train-the-trainer Cultural Competence Model. This training will support organizational capacity building through concrete skill development in the areas of cultural competency, health equity and in the application of AR/AO practices.</p>			<p>Actions:</p> <ul style="list-style-type: none"> • Secure site to host training and establish registration criteria 	