



YMCA Newcomer Youth Leadership Development (NYLD)

Toronto Central Grosvenor St. YMCA Centre
20 Grosvenor St.
Toronto, ON M4Y 2V5

For more information, please contact
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Find me on Facebook
@Matt NYLD

March 2018

www.ymcagta.org/nyld

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3 Volunteer: Let's Get Connected @ Wellesley TTC Station 9:30 am – 3:30 pm	4
5	6 Holocaust Museum Tour @ Wellesley TTC Station 4:00 pm – 8:00 pm	7	8	9 Mentor Meeting @ Central YMCA 4:30 pm – 6:00 pm	10 Spring Family Day: Maple Syrup Festival @ Central YMCA 9:30 am – 4:30 pm	11
12	13 Win it In a Minute! @ Central YMCA 4:30 pm – 7:00 pm	14	15 Health Out Loud: U of T Cooking Session @ Central YMCA 1:30 pm – 5:30 pm	16	17 Integration Conference: Confidence in my Own Skin @ Central YMCA 9:00 am – 7:00 pm	18
19 Volunteer: Active Living Fair @Wellesley TTC Station 4:00 pm – 7:30 pm	20 Art and Expression Day @ Central YMCA 4:30 pm – 7:00 pm	21	22	23	24	25
26	27 Teamwork with Friends! @ Central YMCA 4:30 pm – 7:00 pm	28	29	30	31	

All activities are free!

The NYLD Program is for newcomer youth 13-24 who are permanent residents or convention refugees

Registration Required.



NYLD offers a safe, supportive and fun environment where you can make new friends, develop your skills and get involved in your community.

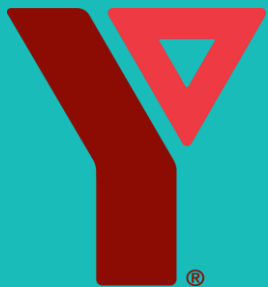
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March 2018 Activities

FUN * LEARN * EXPLORE * VOLUNTEER * LEAD

1. Volunteer: Lets Get Connected!

Join us for a visit to Seneca College where multiple NYLD groups will participate alongside mature adults in activities such as jewelry making, t-shirt painting, sign language and more. The event will conclude with a tour of the campus. Lunch is provided.

2. Holocaust Museum Tour

North York, Central, and Etobicoke NYLD are visiting Sarah and Chaim Neuberger Holocaust Education Centre to learn more about the lives of holocaust survivor immigrants.

3. Mentor Meeting

Mentors ONLY! Each month peer leaders help discuss, brainstorm, and plan activities for members of their group. If you are interested in becoming a mentor, please speak to the Advisor!

4. Spring Family Day: Maple Syrup Festival

Invite your family members to the Maple Syrup Festival at the Kortright Centre! Learn how maple syrup is made, explore the Sugar Shack, meet new friends from all our NYLD sites, and learn about Canadian Culture. **Space is limited so talk to your advisor about attending!**

5. Win it in a Minute!

Play some fun team games with your NYLD Family. We will be very active in this program so please wear comfortable shoes!

6. Health Out Loud: U of T Cooking Session

Come join us in an engaging healthy eating program provided by Health Out Loud Toronto. Wear some comfortable clothes as we'll also be taking part in a yoga class!

7. Integration Conference: Confidence in my Own Skin

For this year's Integration Conference, we are learning to become more confident in our own skins! Learn skills, make new friends, and enjoy outdoor activities at YMCA Cedar Glen Outdoor Centre. **Space is limited. You must have pre-registered during Sign-Up Day.**

8. Volunteer: Active Living Fair

We will be volunteering with the Toronto Active Living Fair, setting up everything for the event at Eglinton Community Centre

9. Art and Expression Day

Come spend some time with your NYLD friends and express yourself through art. We will be painting scenes from our favorite places in Toronto, Canada and beyond!

10. Teamwork with Friends!

Come to Laser Planet with NYLD for team games, and a teambuilding experience! Wear comfortable running shoes and be ready to be active!



Find me on Facebook
[@Matt NYLD](https://www.facebook.com/Matt.NYLD)

(* If you are under 18, you need to **bring the waiver/permission form** signed by a parent or guardian for all outings. Sign up may be required due to limited spaces. Please check with your advisor.

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